

PRESENTER

Lynn M Levo, CSJ, Ph.D., a licensed psychologist, consultant and lecturer, received her Ph.D. from the University of New York at Albany after completing a clinical internship at the University of Kansas School of Medicine. Lynn has significant experience consulting with religious congregations of women and men and dioceses internationally. Lynn is a Sister of Saint Joseph of Carondelet and is the Director of Education and Editor of Lukenotes at St Luke Institute, Silver Spring, Maryland. She has consulted with the Leadership Conference of Women Religious (LCWR) and has offered workshops at both the national and regional level for women religious leaders.

From Past Participants:

"The presentation answered so many of my questions and helped me understand my reactions more clearly".

"These workshops are practical, encourage personal growth and also help me in dealing with my sisters".

"I found the presentations helpful, informative and challenging. I go away with some work to do and with the beginning tools to do it".

**Director of St. Luke's Centre,
Manchester, England**

Rev Gerard F. Byrne, D.Min., MSW. MBACP (Accred)., is a priest of Salford Diocese. After studies in spirituality and psychology in Rome he received his doctorate in counselling and an MSW in Clinical Social Work from Boston University, after which he did an internship and was a staff member at the St Luke Institute in Maryland. Since returning to the UK he has worked in clergy support as a therapist and counsellor. He is accredited with the BACP as a therapist/psychotherapist and is also registered with the BPS as a test administrator.

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Please visit our website for information on all the services we offer
www.stlukescentre.org.uk



ST. LUKE'S CENTRE

**Supporting Religious
in Leadership Series**

Come Away Awhile

*Two Workshops
for
Leaders of Men and Women's
Congregations*

Sr. Lynn Levo, CSJ, Ph.D.

Drumalis
47 Glenarm Road
Larne, County Antrim, Northern Ireland
www.drumalis.co.uk

21—26 June 2009

Workshop 1
Current or Former Leaders
21 – 24 June

Sunday Evening to Wednesday Noon

Surviving and Thriving

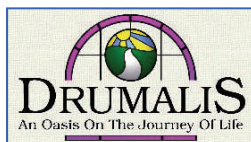
Maintaining Well-Being While Transitioning from Leadership

This workshop focuses on leaders themselves as they move out of leadership roles. While this transition may be welcomed, it can also be painful and full of unexpected emotions which may surface months prior to or after leaving leadership. This workshop draws on the experience of men and women who have weathered this transition and have gained valuable insights into the growth opportunities this particular kind of transition offers. Through presentations, storytelling, prayer and sharing, participants will gain new insights into dynamics of change and transition and learn new ways to anticipate and deal with the losses and opportunities of leave-taking.

The sessions, designed to be informative, practical and interactive, will include:

- **Moving from “CEO “ to “O” - from “in the loop” to “out of the loop”**
- **Dealing with feelings - yours and others**
- **Being the “lame duck” and finishing your term**
- **Negotiating with new leaders**
- **Changing relationships: good-byes and hellos**
- **Designing your preferred future - both immediate and long term**
- **Translating your leadership experience into meaningful ministry**

FEES: (3 nights) **£300**



Drumalis is a retreat centre owned and managed by the Sisters of the Cross and Passion. The ministry of the house is one of reconciliation and nurturing. The centre offers comfortable accommodation and is easily reached by air and land transportation. Please review their website: www.drumalis.co.uk

Workshop 2
New Leaders
24 - 26 June

Wednesday 2.00 pm to Friday 4.00 pm

Leading Collaboratively

We are living in a time of extraordinary change and transition. Leading in a time of transition often involves dealing with a complex network of people and tasks. Many congregations are choosing some form of collaborative leadership, especially team leadership, as their preferred model of leadership. Congregations who do not have teams often embrace similar values such as shared responsibilities and mutual accountability. This workshop will assist new leaders by offering some practical suggestions to help leadership groups to get off to a good start and to function more smoothly. Areas to be explored are:

- **Goals**
- **Stages of team/group development**
- **Norms and ground rules**
- **Fostering cohesiveness**
- **Building trust**
- **Collaborative decision making**
- **Conflict and conflict management**

FEES: (2 nights) **£220**

The workshop fee includes full board accommodation and workshop materials.

REGISTRATION for a WORKSHOP

Registration is limited to recent ‘past’ leaders, transitional leaders and current leaders of religious orders of men and women; accommodation is available for up to 40 individuals. Please forward your registration—**on the enclosed Booking Form**— with full payment. Refunds, less a £50 administrative fee, will be made upon request up to 45 days prior to the program.

Dietary Needs: Please inform us of any dietary needs you may have when booking.

Accessibility: Please inform us if you require a room next to an elevator.

Musicians: Please let us know if you would like to help with music for our liturgies.